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**Nevada Problem Gambling Study
Annual Report, Fiscal Year 2019
Treatment Outcomes, Highlights**

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Knowledge.

Research.

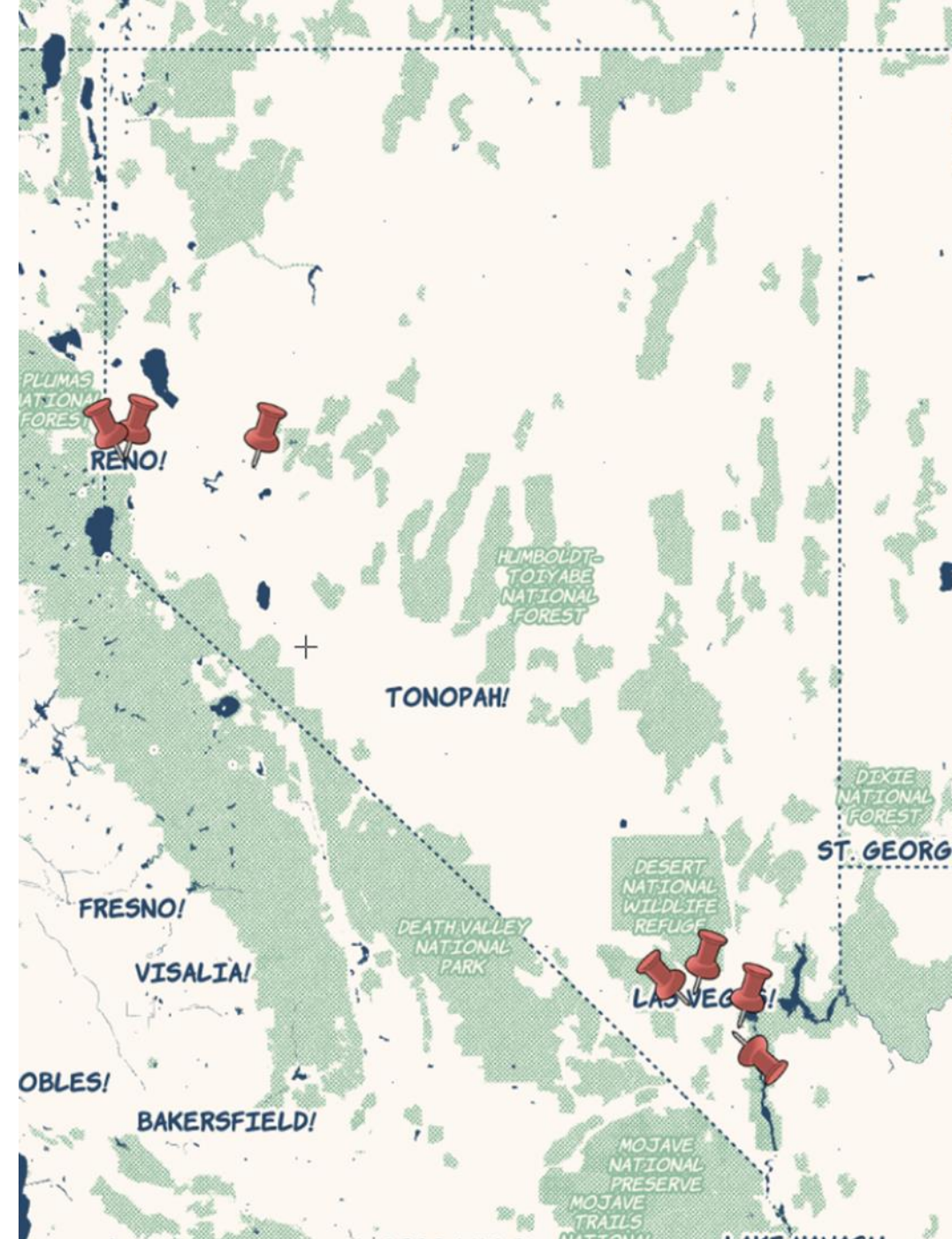
Innovation.

History of State-Funded PG Treatment in Nevada

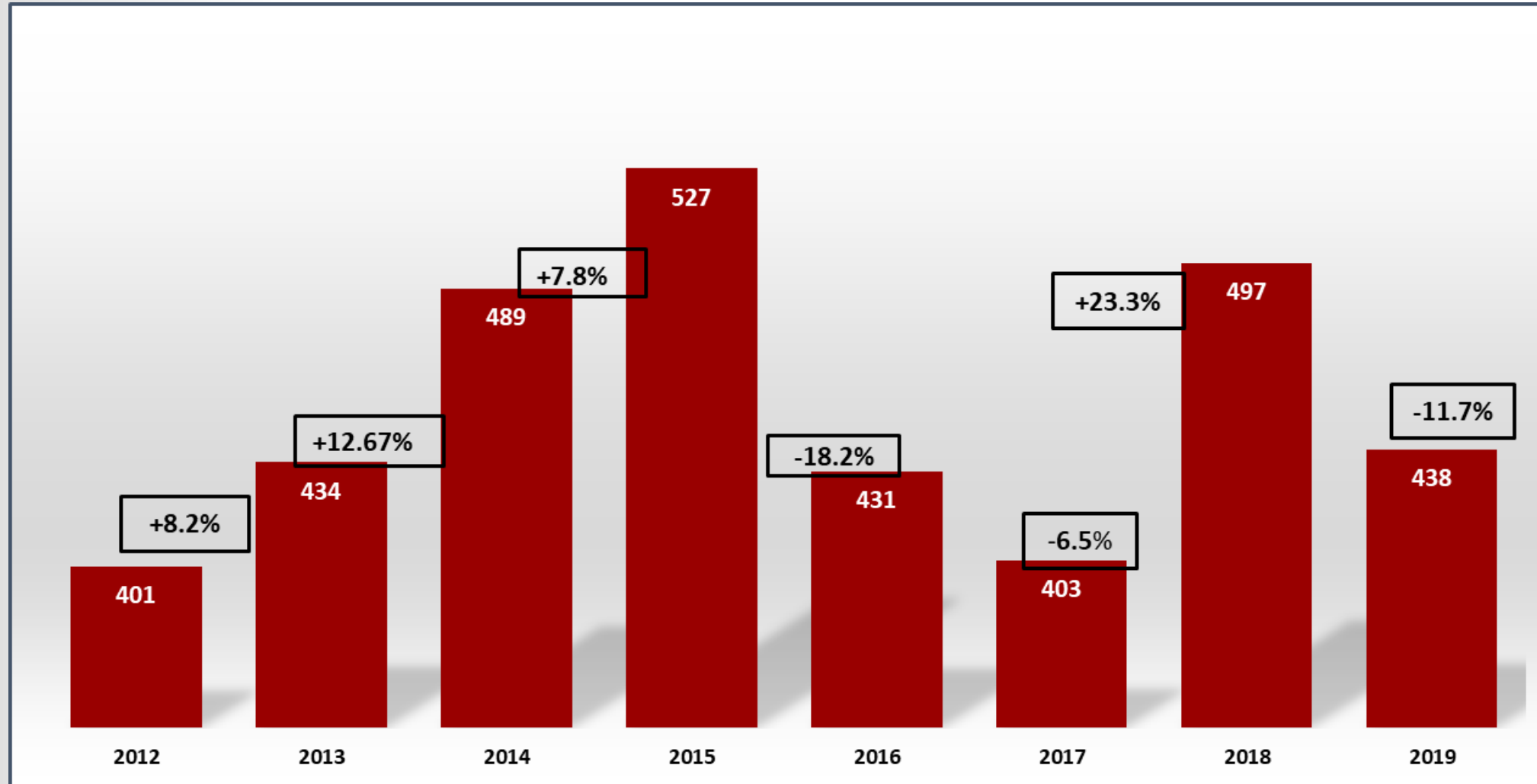
- Nevada established the Problem Gambling Fund in 2005 when Senate Bill 357 passed.
- The Advisory Council on Problem Gambling –a specially appointed advisory panel determines the ways that funds will be utilized.
- The Problem Gambling Fund has been utilized to support four main areas of service: Prevention and Education, Problem Gambling Treatment, Research and Evaluation, and Workforce Development.

FY19 Treatment Providers

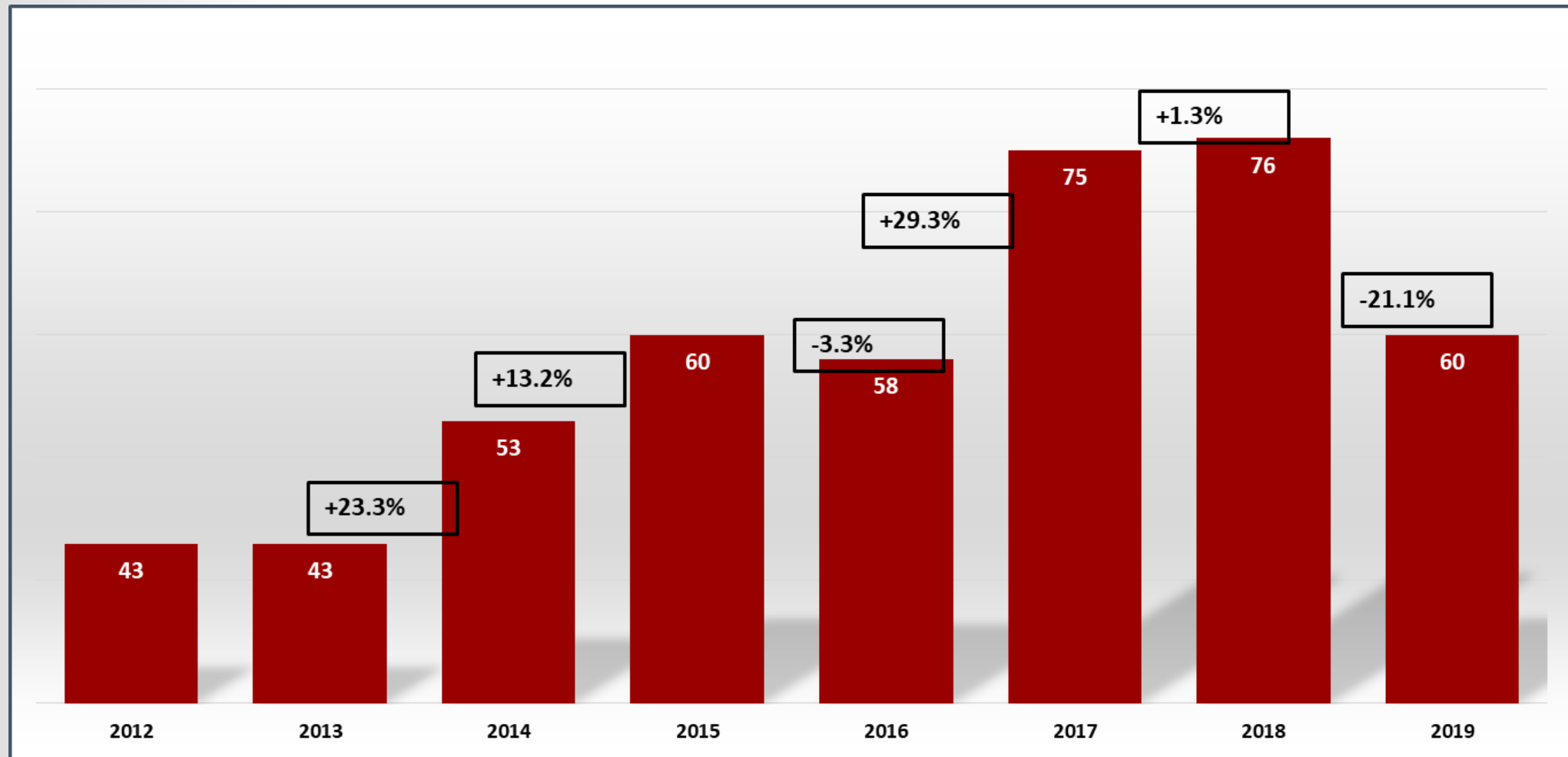
- Las Vegas Problem Gambling Center, Las Vegas
- Bridge Counseling Associates, Las Vegas
- Mental Health Counseling and Consulting, Henderson
- RISE Center for Recovery, Henderson
- Bristlecone Family Resources, Reno
- Reno Problem Gambling Center, Reno
- New Frontier Treatment Center, Fallon



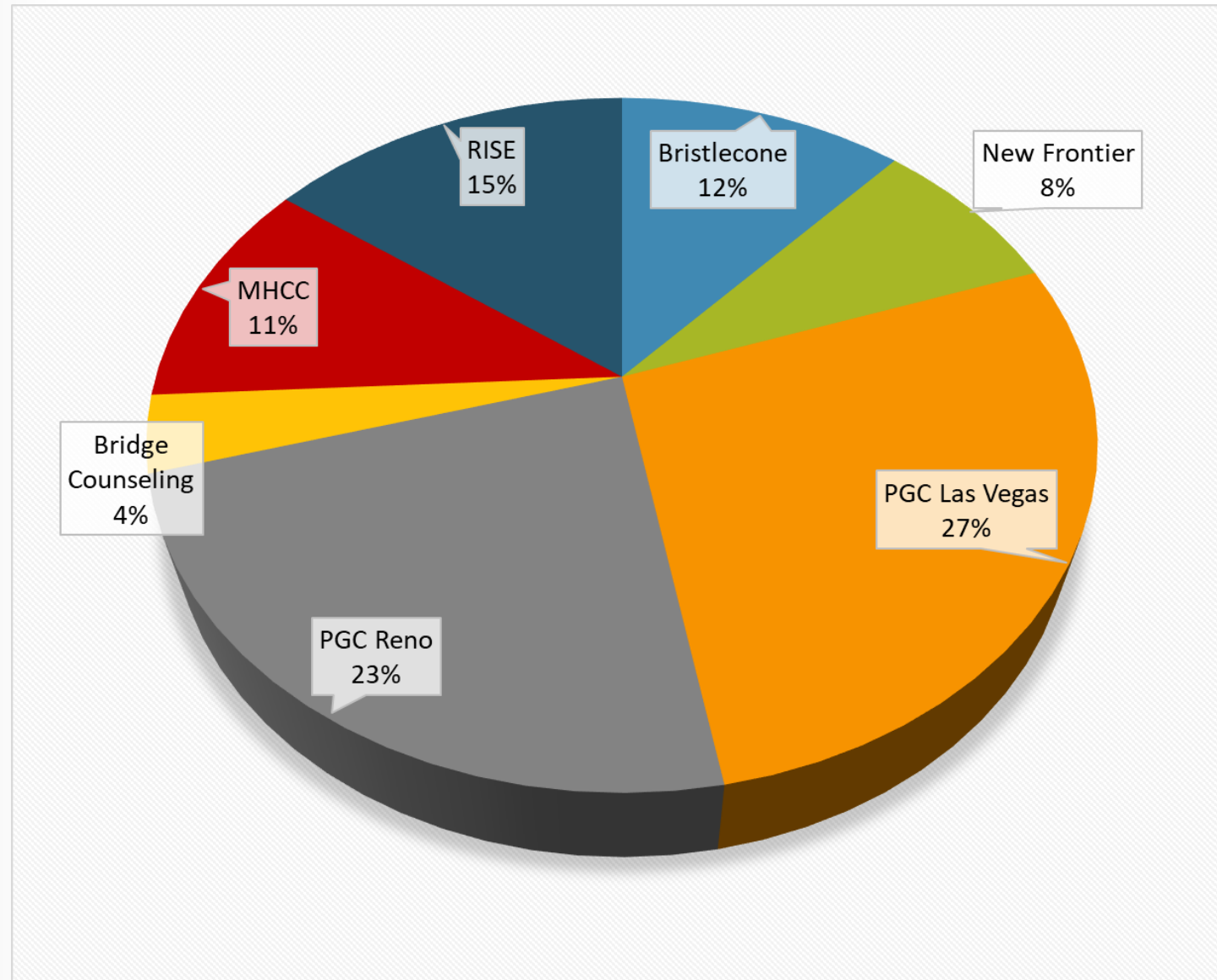
Outpatient Enrollments by Fiscal Year



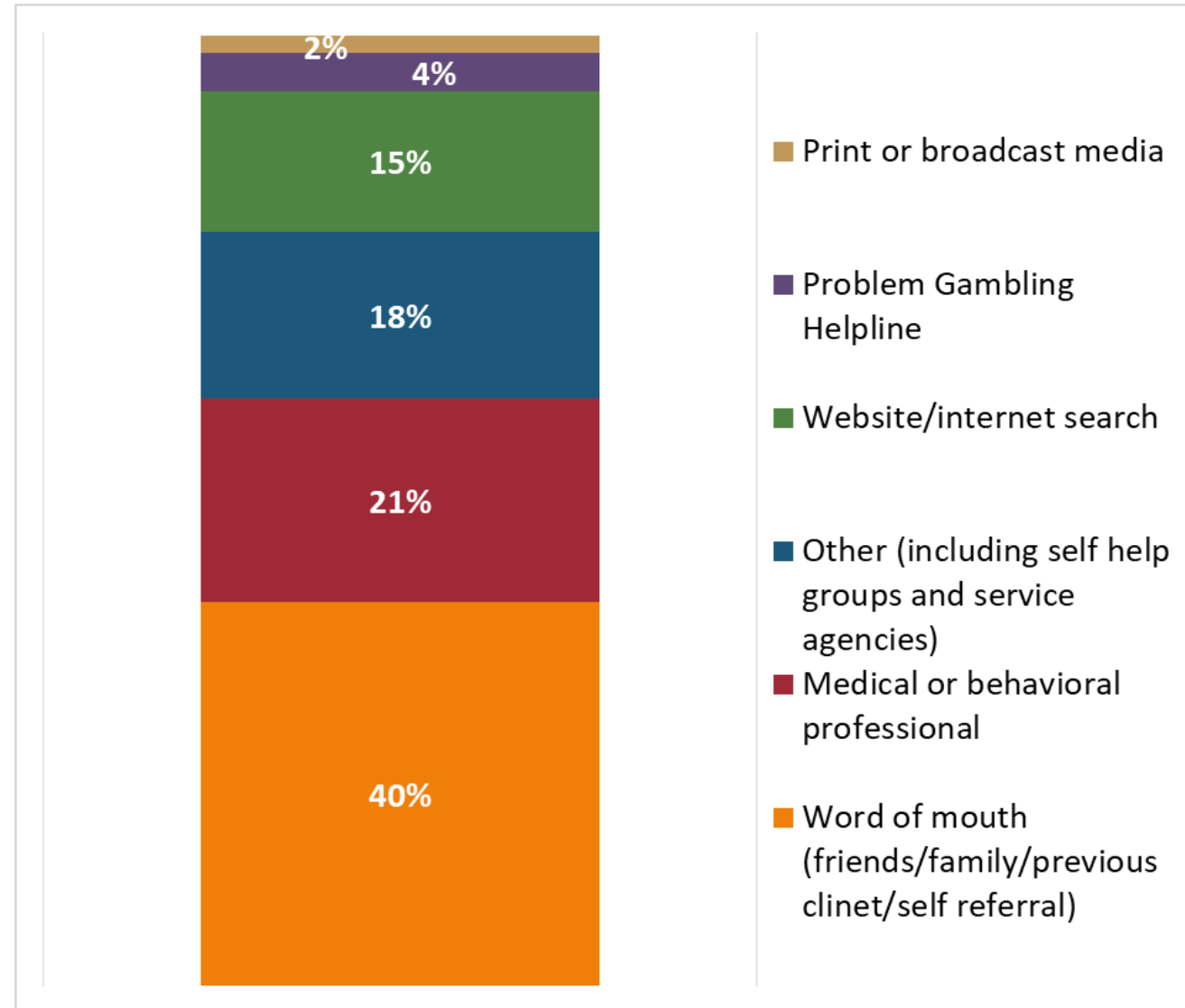
Residential Enrollments by Fiscal Year



Total Clients Served by Clinic FY19



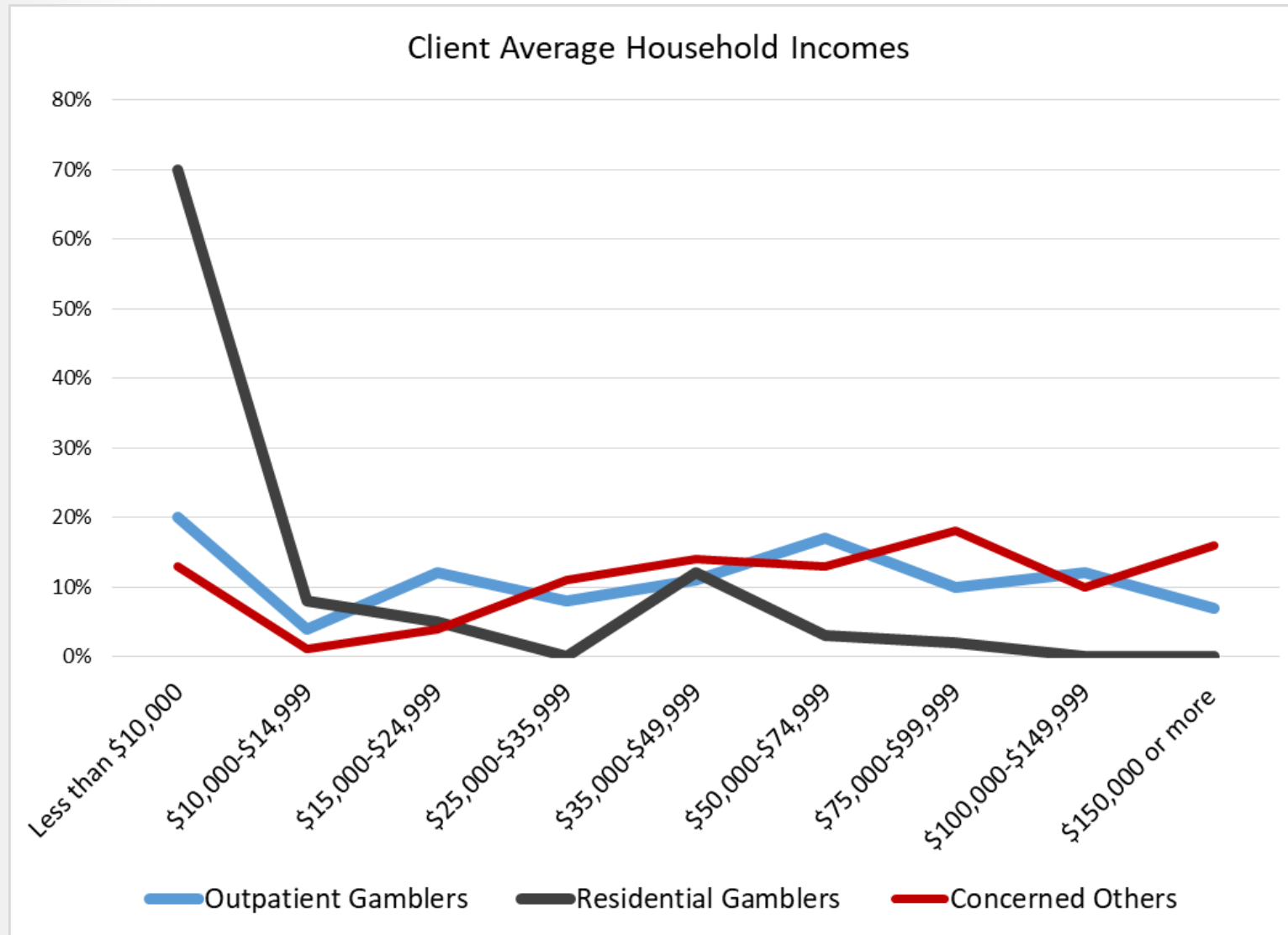
How do clients hear about Treatment?



Funding Utilization

FY19 Funds used by Treatment Providers		\$780,242.48
Treatment		86% (all services)
Outpatient groups and individual counseling		43%
Residential treatment		29%
Assessment only, transitional housing, supervision of interns		14%
Program and Treatment Support Activities (Add-ons)		13% (all PTS)
Advertising		5%
Data reporting/quality assurance		4%
Workforce development		2%
Treatment materials		2%
Continuing Care Services		1%
Aftercare (12 months post discharge)		.88%
Extended aftercare (13-36 months post discharge)		.06%

Demographics of Treatment Population: Income



Demographics of Treatment Population: Race/Ethnicity

Race	Treatment Population	Nevada Population*
White, non Hispanic	69%	51%
Hispanic or Latino/a	10%	28%
American Indian or Alaska Native	2%	1%
Asian	6%	8%
Black or African American	10%	8%
Native Hawaiian, Pacific Islander, and others	3%	1%

*Source US Census ACS 2017

Treatment Population Stability and Health

	Residential	Outpatient
Problems with substances and other addictions (0-11)	2.4	1.2
Personal losses experienced as a result of gambling (0-9)	5.6	3.1
DSM-5 Score (0-9)	7.7	9.3
Family history of problem gambling	60%	50%
Family history of any addiction	78%	70%

Treatment Outcomes

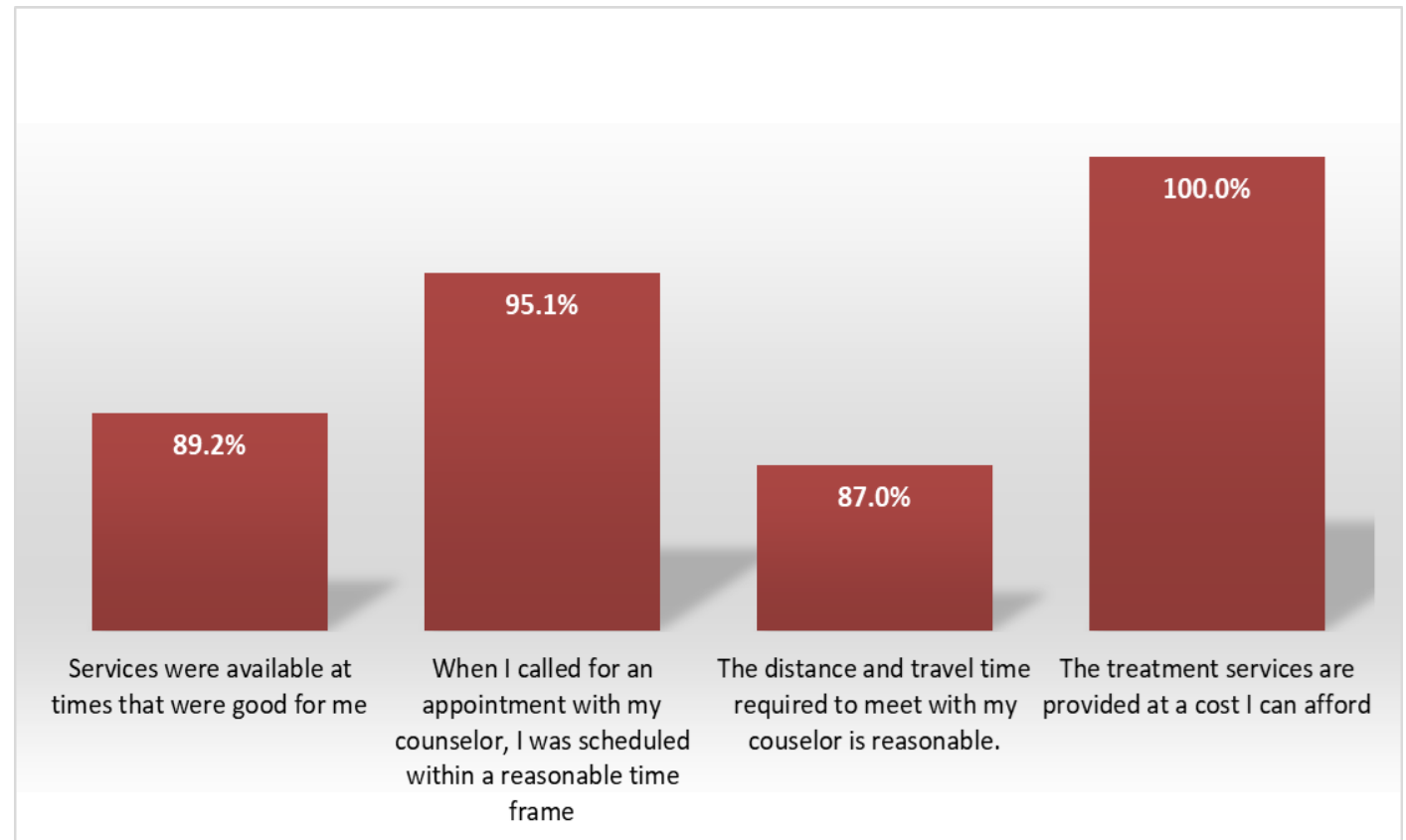
- In FY19, we conducted a total of 381 follow-up interviews with problem gamblers and 39 interviews with concerned others at 7 different gambling treatment programs.
- We assessed six broad categories: (1) access to treatment services, (2) treatment quality and helpfulness, (3) treatment effectiveness, (4) overall ratings of treatment services, (5) reduction in gambling behaviors, and (6) engagement with community support groups.
- Quotations in this document are from the clients we interviewed.

Treatment Outcomes: Access to Services

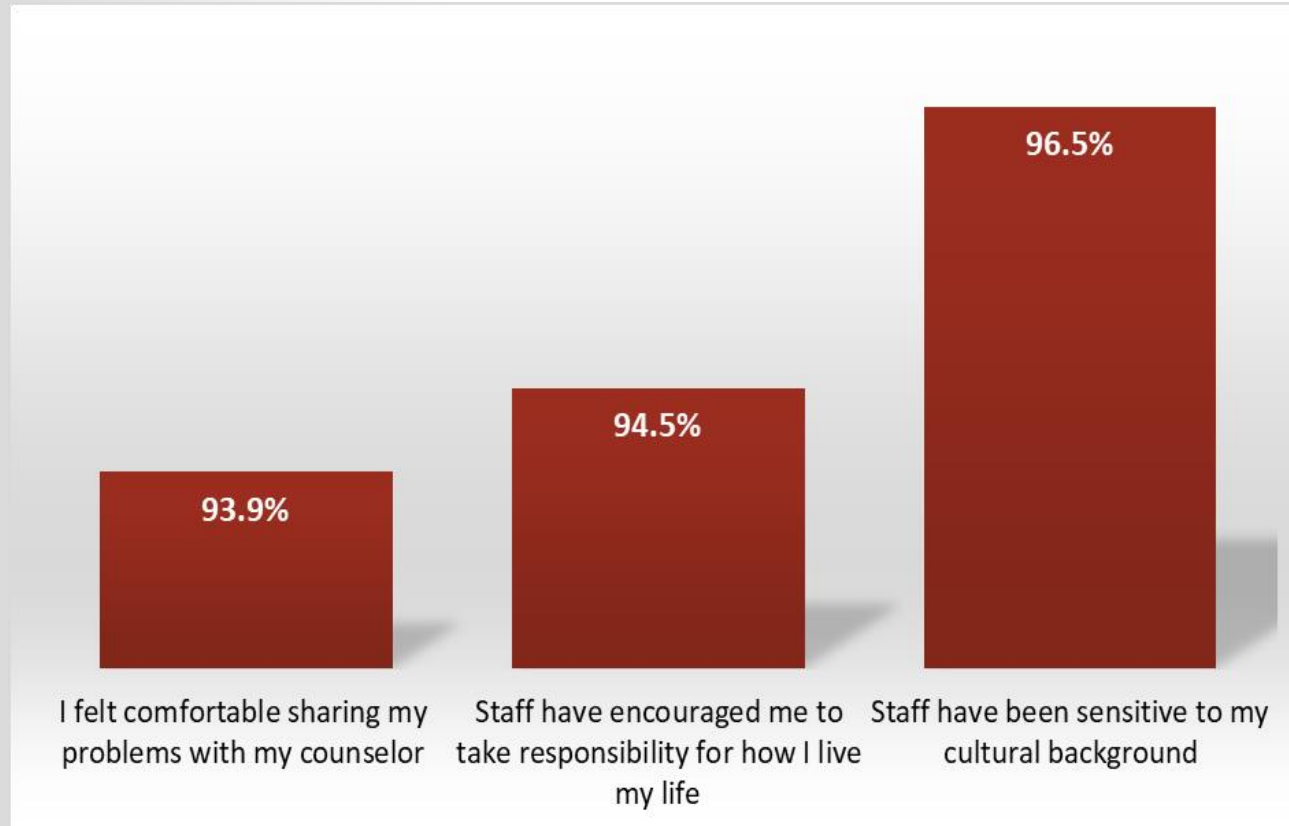
“I wish there were more locations. I work in Reno, so I can attend, but live in Stagecoach, so if I didn't work in Reno, it wouldn't be accessible for me to attend.”

“If you didn't have money to pay, they were cool with it. It was good. They were really helpful for me.”

“I would just say that it's really beneficial, and I think it's helpful that the services are covered under the grant, that part I really appreciated.”

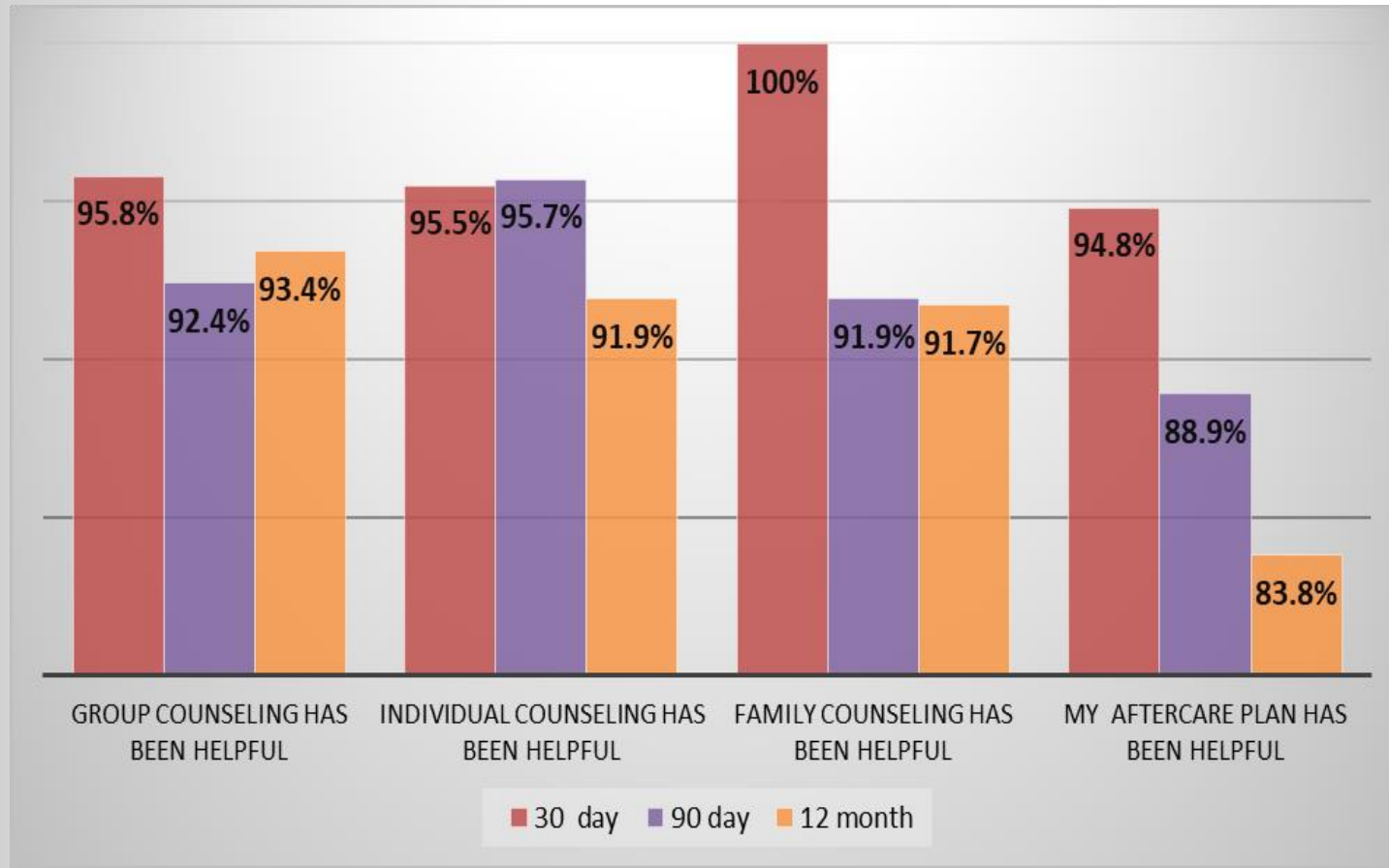


Treatment Outcomes: Quality and Helpfulness



“I’m grateful that the program is there. There would be a lot more suicides, a lot more negative situations - the program is definitely helpful, it can always use improvement, but I can't pinpoint right now, but they don't require you to pay, you can if you can, it's very supportive and people need that support.”

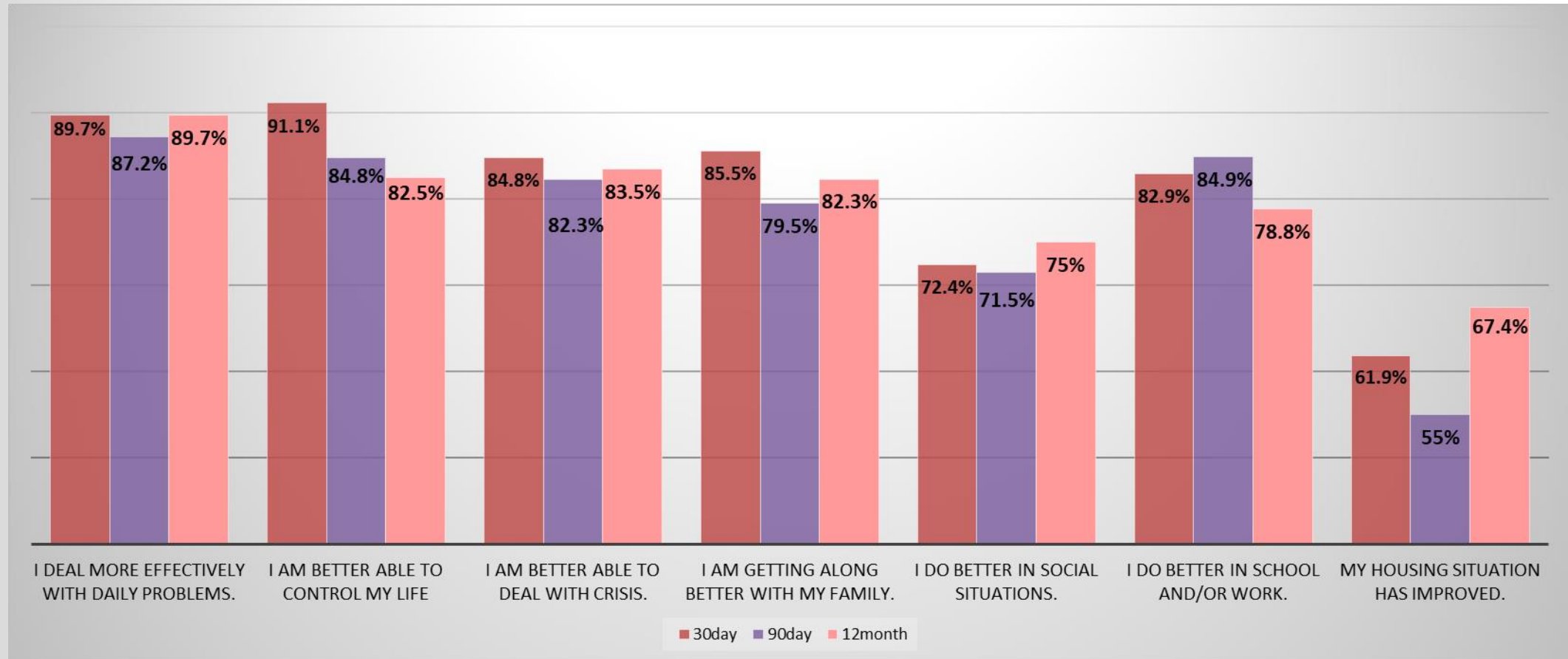
Treatment Outcomes: Quality and Helpfulness



“You realize you're not alone. Others in the city have the same issues that you do. Frankly the first time I went there, I was crying. I was terrified. I had only seen something like that on TV. It's phenomenal to have a program like that there for you.”

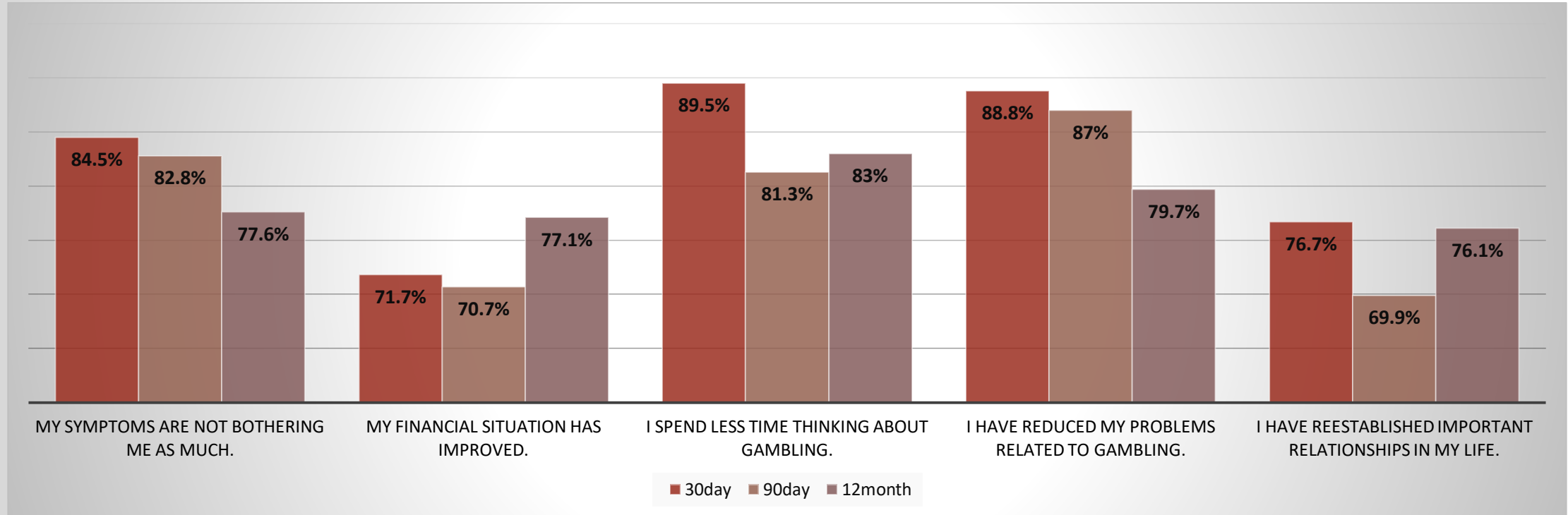
“It was very comprehensive--the financial aspects, and partner supports, group therapy were all helpful. I wouldn't add anything.”

Treatment Outcomes: Treatment Effectiveness



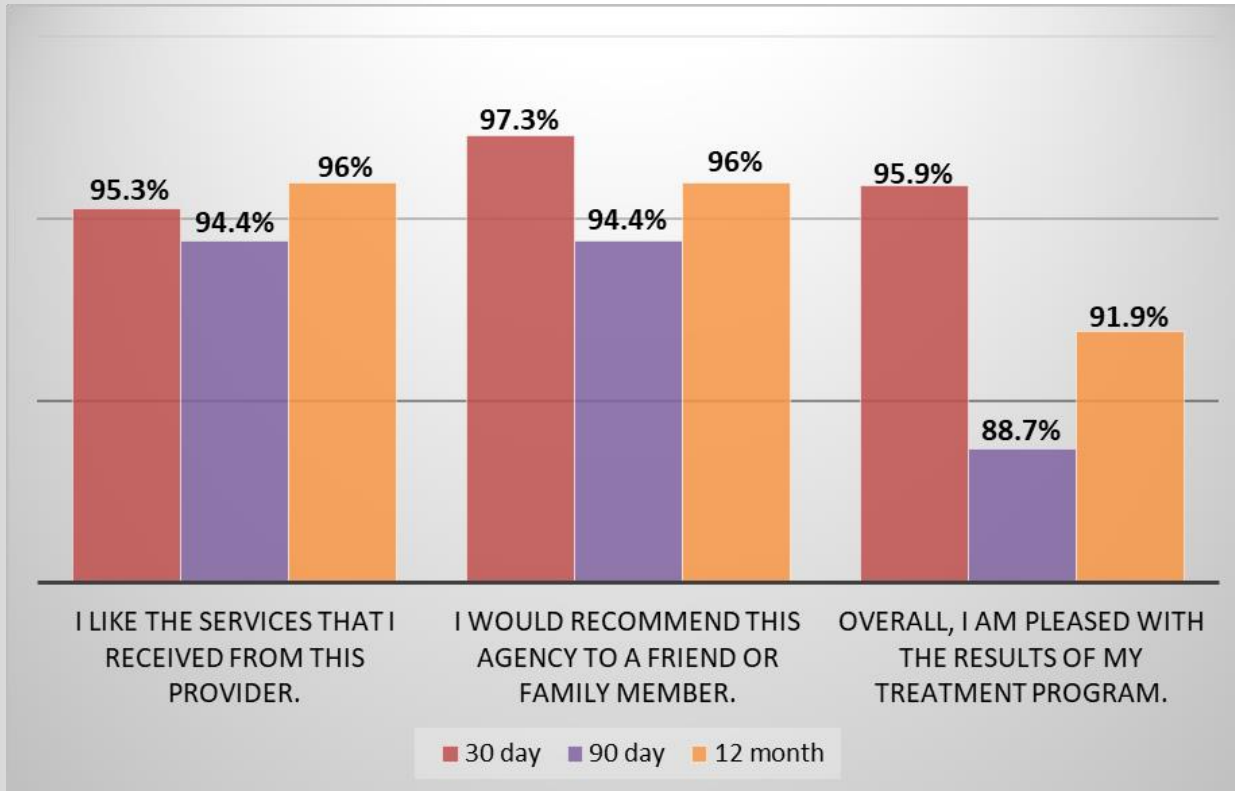
“The most important thing is that I am learning to manage my emotions to stop gambling, and I’m doing well.”

Treatment Outcomes: Treatment Effectiveness



“For me it is the way they address gambling, as opposed to GA where they just share their story. Here they explain the symptoms and how the brain works, I get more information. I feel like it's a better service.”

Treatment Outcomes: Overall Quality of Care



“The program was 100% positive experience for me, and it's changed my life in a lot of positive ways. I think it's great that it's available to everyone who needs it.”

“That program is really important. It saves lives. I can say when I was in there, I was in the bottom of my bucket, and I know that there are a lot of people who feel that way. It is really important, and whatever it takes to keep the funding, keep that going.”

Treatment Outcomes: Impact on Gambling Behaviors

Which of the following statements best characterizes your gambling since enrolling in the program	30 day	90 day	12 month
....I have not gambled since enrolling into the program.	68%	53%	35%
....I had one “slip” where I gambled, then got back on my recovery program.	13%	10%	9%
....I’ve had several “slips” since enrolling in the program and am back on track.	11%	23%	42%
....My goal is controlled gambling, and I am able to gamble without problems.	6%	3%	5%
....I am not meeting my goal to stop or control my gambling.	4%	12%	9%
Thinking back to the period of time when you gambled most heavily, have you reduced your gambling since this time?	97%	93%	94%

Treatment Outcomes: Engagement with Community Support Groups

Community Support Groups	30 day	90 day	12 month
Do you currently attend Gamblers Anonymous meetings?	59%	48%	37%
Have you found these meetings to be helpful?	87%	78%	79%
Do you currently attend any other community peer support meetings?	34%	29%	22%
Have you found these other meetings to be helpful?	96%	92%	86%

"I started at GA, but the center has people who have trained, and I think that's a little bit more effective."

"I don't think I would have been able to quit gambling without the program. I have been in and out of GA for 20 years, I had done the groups, but I have never had that class before, and this has been very very beneficial."

Treatment Outcomes for Concerned Others

- Concerned others expressed feelings of relief when learning about problem gambling. They felt empowered to help the people in their lives who suffer from problem gambling, and they gained tools to help themselves cope with the enormous stress related to their loved ones' gambling.

"I have been extremely satisfied with their care, very much so. She has been extremely supportive. She has given us homework and things to do so we can deal with my son's addiction better."

"I didn't understand, why don't you just stop? I didn't see it like other addictions, I guess that really helped me put it in perspective on why it's almost impossible for him to stop on his own. Is there something we could have done to stop it? What I learned was that we need to change what we are doing, those things we were helping—we were enabling for him to continue on and on. It did help, all of that was a big eye-opener for us. We're all educated here, but we didn't know and didn't see."

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Strong evidence that treatment works!

Clients report improvements in quality of life, reduction in gambling behaviors and gambling related problems, and attribute those changes to the support they received from their problem gambling programs.

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